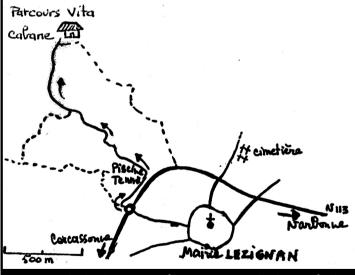
To meet at the « PARCOURS Vita » in Lézignan

From the town center take the Avenue des Pins (going west). Cross the roundabout on the D6113, then take the first on the right (Av. Gaston Bonheur). Pass the swimming pool and the tennis courts on left hand. Continue app 1500m on the tarmac road towards the pine forest, following the yellow markers. When the road forks, get straight on up still reaching a covered wooden shelter and park your car near at hand.

Infos: MJC 04 68 27 03 34 / Nicole Clareto 04 68 27 54 63



www.mjc-lezignan-corbieres.com or lezigrando.fr







Family walks July and August 2017 at Lezignan-Corbieres

Accompanied by members of the **Lezig'zagueurs** (hiking/rambling club based at the Maison des Jeunes) *Much to see and a lot to learn about the local countryside*



Friday and Tnesday

Let's go!

Family walks at Lezignan organised by the Lezig'zagueurs, from the MJC, as part of the town's summer festivities.

Meeting point at the «Parcours Vita» in Lezignan's Pinède map on the backpage (except August 4th at 20.30 > Espace Gibert) Free activity/registration on place

Children must be at least 6 years old and must be accompanied

Friday mornings: Start at 9.30 for a 2 hours walk

Bring water, a hat and sensible walking shoes. A partner will give you informations on theme of the walk.

<u>Tuesdays, Thursday July 13th and Friday August 4th:</u> Start at 20.30 for a 2 hours walk

Bring a torch and a windbreaker if you can! At the end of the walk, a free welcome aperitif will be offered by the town.

July 2017

Thursday July 13th 20.30 Tuesday July 18th 20.30 Friday July 21st 9.30 Tuesday July 25th 20.30 Friday July 28th 9.30 The windmills - Panorama of fireworks Windmills and the wall of beehive La Pinède and the vineyards Windmills and the wall of beehive La Pinède and the botanic pathway

August 2017

Friday August 4th 9.30 La Pinède and the vineyards Friday August 4th 20.30 **Solidarity walk** (RDV Espace Gibert) **Tuesday August 8th** 20.30 Windmills and the wall of beehive Friday August 11th 9.30 Source St Jaume (spring) Friday August 11th 18 Wine grower's Ste Suzanne Friday August 18th 9.30 La Pinède and the botanic pathway Tuesday August 22nd 20.30 Windmills and the wall of beehive Friday August 25th 9.30 Mediterranean forest

La Pinède and the botanic pathway

The paths go through the pine forest which has been upset by storms and heavy snow. The area is also closely watched for signs of fire. On this botanic pathway, you will find 25 notices about local vegetation and his diversity.

Partner: Jean-Pierre Pigassou

Mediterranean forest

15000 years of forest history since the last Ice Age, 150 years of natural grouth since 1860, a walk of 150 minutes to learn about the pine forest of Lezignan today and in the future.

Partner: Patrick Valette – ONF engineer

La Pinède and the vineyards

Accompanied by the song of the cicadas, we will discover the Garrigue and the pine forest. On the way back, a wine grower will meet us in the vineyard so that we can learn more about the varieties of grapes used in the production of AOP Corbières wine. He will answer the questions and invite us to have a wine tasting.

Partner: Daniel Sendrous- President of the Chai des Vignerons

Source St Jaume (spring)

By following the yellow markers we will discover the Capitelles, the paths and cross ravines before listening to the S^t Jaume springwater. A stop at the Croix where the wine growers pray on every August 11th on S^t Suzanne's day for the rain coming.

Partner: the cicadas

Windmills and the wall of beehive

In the early evening we'll go to the Mourel de Crabit to discover the magnificent panorama of the Pic du Nore, the plains of the Aude aera and the Minervois villages.

Partner: the wind