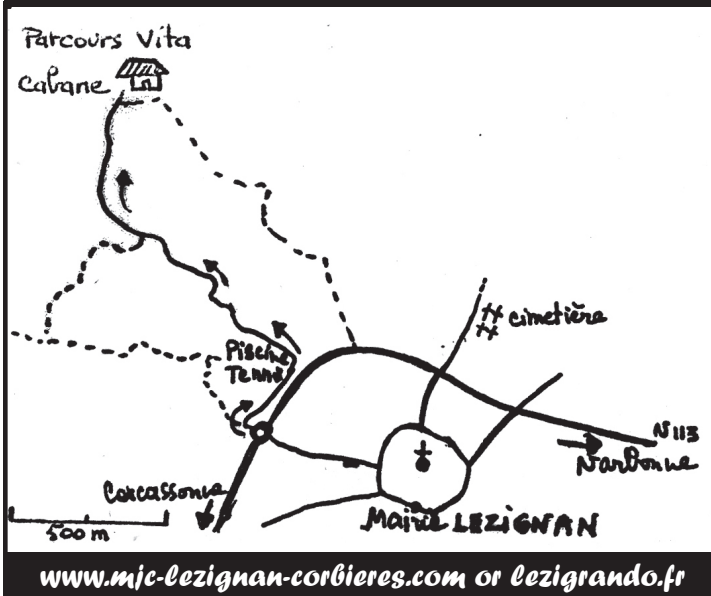


To meet at the « PARCOURS Vita » in Lézignan

From the town center take the Avenue des Pins (going west). Cross the roundabout on the D6113, then take the first on the right (Av. Gaston Bonheur). Pass the swimming pool and the tennis courts on left hand. Continue app 1500m on the tarmac road towards the pine forest, following the yellow markers. When the road forks, get straight on up following the roadsign « déboisement » still reaching a covered wooden shelter and park your car near at hand.

Infos : MJC 04 68 27 03 34 / Nicole Clareto 04 68 27 54 63



Family walks July and August 2015 at Lezignan-Corbieres

Accompanied by members of the **Lezig'zagueurs**
(hiking/rambling club based at the Maison des Jeunes)
Much to see and a lot to learn about the local countryside



**Friday mornings and
Tuesday evenings**

Friday mornings and Tuesday evenings, family walks at Lezignan organised by the Lezig'zagueurs, from the MJC, as part of the town's summer festivities.

Meeting point at the «Parcours Vita» in Lezignan's Pinède (pine forest) > *the map is on the backpage*

Free activity/registration on place

Children must be at least 6 years old and must be accompanied

Fridays : Start at 9.30 for a 2 hours walk

Bring water, a hat and sensible walking shoes. At the start a fireman (upon availability) will give you informations on forest fire.

Tuesdays & Monday July 13th (nightwalks) :

Start at 20.30 for a 2 hours walk

Bring a torch and a windbreaker if you can ! At the end of the walk, a free welcome aperitif will be offered by the town.

July 2015

Friday July 10th 9.30	<i>La Pinède and the botanic pathway</i>
Monday July 13th 20.30	<i>The windmills - Panorama of fireworks</i>
Friday July 17th 9.30	<i>La Pinède and the vineyards</i>
Tuesday July 21st 20.30	<i>Night walk towards the windmills</i>
Friday July 24th 9.30	<i>La Pinède, the forest's history</i>
Friday July 31st 9.30	<i>Source St Jaume (spring)</i>

August 2015

Tuesday August 4th 20.30	<i>Night walk towards the windmills</i>
Friday August 7th 9.30	<i>La Pinède and the vineyards</i>
Friday August 14th 9.30	<i>Windmills and the wall of ancient beehive shelters</i>
Tuesday August 18th 20.30	<i>Night walk towards the windmills</i>
Friday August 21st 9.30	<i>La Pinède and the botanic pathway</i>
Friday August 28th 9.30	<i>Source St Jaume (spring)</i>

La Pinède and the botanic pathway

The paths go through the pine forest which has been upset by storms and heavy snow. The area is also closely watched for signs of fire. On this botanic pathway, you will find 25 notices about local vegetation and his diversity.

Partner : Jean-Pierre Pigassou

La Pinède, the forest's history

15000 years of forest history since the last Ice Age, 150 years of natural growth since 1860, a walk of 150 minutes to learn about the pine forest of Lezignan today and in the future.

Partner : Patrick Valette – ONF engineer

La Pinède and the vineyards

Accompanied by the song of the cicadas, we will discover the Garrigue and the pine forest. On the way back, a wine grower will meet us in the vineyard so that we can learn more about the varieties of grapes used in the production of AOP Corbières wine. He will answer the questions and invite us to have a wine tasting.

Partner : Daniel Sendrous – President of the Chai des Vignerons

Source St Jaume (spring)

By following the yellow markers we will discover the Capitelles, the paths and cross ravines before listening to the St Jaume springwater. A stop at the Croix where the wine growers pray on every August 11th on St Suzanne's day for the rain coming.

Partner : the cicadas

Windmills and the wall of ancient beehive shelters

In the morning sun or in the early evening we'll go to the Mourel de Crabit to discover the magnificent panorama of the Pic du Nore, the plains of the Aude aera and the Minervois villages.

Partner : the wind